

Norwescap Presents

Teen Speak

In Partnership with Empower Somerset

What is Teen Speak?

The Teen Speak series is specifically designed for anyone parenting or supporting a teen. Teen Speak teaches the skills necessary to open the line of communication between parents/caregivers and their adolescents, focusing on topics such as sex, mental health, and substance use, so that the family can best create a healthy, loving environment that fosters growth.

What You'll Learn

- How to keep communication open and nonjudgmental
- Motivational interviewing strategies to guide teens toward safer decisions
- How to address risk behaviors with confidence
- Ways to create a safe, trusting environment at home

JOIN US!

April
21st & 28th

6:00 PM - 8:00 PM

Virtual on Zoom

Scan the QR code
or click the link to
register: [HERE](#)



Attendees receive a gift card
upon completion of both
workshops.



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Creating Opportunities. Changing Lives.



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