

Norwescap

# SUICIDE PREVENTION CERTIFICATION COURSE

Ask a Question. Save a Life.

**Q**uestion  
**P**ersuade  
**R**efer

## What is QPR?

QPR is a FREE 2-hour evidence-based training providing practical and proven suicide prevention strategies for home, school, work, and in your community.

**As a certified QPR gatekeeper you will be able to**

- Recognize the warning signs of suicide.
- Increase awareness of stigma.
- Understand suicide is a public health issue.
- Offer hope to those who need it.
- Identify local and national resources.
- Join over 5,000,000 people worldwide, working together to save a life.

Join Us!

May  
14<sup>th</sup>

10AM-12PM

Virtual on Zoom

Scan To register  
or [Click Here](#)



Have Questions?

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