



Women, infants and children MUST be present at every WIC certification appointment.

Bring:

- Proof of your family's income
- Proof of where you live
- Proof of ID for every person
- Health care referral form filled out
- Immunization records of infant/child

CALL for an appointment with WIC office checked:  
(Healthcare provider:

Check WIC office for patient.)

- ☐ Burlington County  
609-267-4304
- ☐ Children's Home Society of NJ  
609-498-7755
- ☐ East Orange  
973-395-8960 (8963)
- ☐ Gloucester County  
856-218-4116
- ☐ Jersey City  
201-547-6842
- ☐ Newark  
973-733-7628
- ☐ North Hudson  
201-866-4700
- ☐ NORWESCAP  
908-454-1210
- ☐ Ocean County  
732-341-9700 X 7520
- ☐ Passaic  
973-365-5620
- ☐ Plainfield  
908-753-3397
- ☐ Rutgers  
973-972-3416
- ☐ St. Joseph  
973-754-4575/4730
- ☐ TriCounty/Gateway CAP  
Main Office: 856-451-5600  
Atlantic Office: 609-246-7767  
Camden Office: 856-225-5050
- ☐ Trinitas  
908-994-5141
- ☐ VNA  
732-471-9301
- OR
- STATEWIDE  
1-800-328-3838 (24 Hrs.)

## NEW JERSEY WIC HEALTH CARE REFERRAL

FOR

☐ INFANT (Under 1 Year)

☐ CHILD (1 to 5 Years)

(Please attach updated Immunization Record.)

Name of Child		Birthdate of Child / /	
Name of Parent/Guardian		Telephone Number	
Address			
<b>ANTHROPOMETRIC AND LABORATORY DATA</b> <ul style="list-style-type: none"> <li>• Current height and weight measurements are needed for all infants and children.</li> <li>• Height and weight measurements must be taken <math>\leq 30</math> days prior to WIC appointment.</li> <li>• At least ONE blood test of Hemoglobin, Hematocrit or Erythrocyte Protoporphyrin (EP) is needed to determine nutritional risk of infants and children OVER 9 MONTHS of age.</li> <li>• The blood test must be taken <math>\leq 90</math> days prior to WIC appointment.</li> </ul>			
Blood Test Date / /	Hemoglobin gm/dl	Hematocrit %	EP $\mu\text{g/dl}$
Date of Ht./Wt. Measurement / /		Height or Length inches	Weight lbs. ozs.
<b>COMPLETE THIS SECTION FOR FIRST TIME WIC APPLICANTS ONLY</b>			
Birth Weight lbs. ozs.	Birth Length inches	Premature? <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, Gestational Age at Birth: weeks
<b>MEDICAL HISTORY</b>			
Check all of the following which apply and give a brief explanation:			
<input type="checkbox"/> Metabolic disorder, congenital anomalies or other medical problem		Explanation	
<input type="checkbox"/> Hx of severe diarrhea, steatorrhea, vomiting, malabsorption (3 times during past year or 1 time in past 6 months requiring hospitalization)			
<input type="checkbox"/> Major surgery (within past 6 months)			
<input type="checkbox"/> Excessive dental carries/baby bottle tooth decay			
<input type="checkbox"/> Maternal prenatal conditions (e.g., prenatal anemia, multiple birth, inadequate prenatal weight gain)			
<input type="checkbox"/> Social or environmental condition which may compromise adequacy of diet			
<input type="checkbox"/> Vitamin/mineral supplement or medicine prescription			
<input type="checkbox"/> Other pertinent health or medical data			
<b>AUTHORIZATION RELEASE</b>			
<i>I, the undersigned, give permission to my provider to give the WIC Program any required medical information.</i>			
Signature of Parent/Guardian			
Insurance Carrier and Member ID Number			
Signature of Physician or Health Professional			Date
Name and Address of Physician or Clinic (Print or Stamp)			
Telephone Number:			



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## NEW JERSEY WIC HEALTH CARE REFERRAL

FOR

- ☐ **PREGNANT WOMAN**
- ☐ **BREASTFEEDING WOMAN (Up to 1 Year Postpartum)**
- ☐ **NON-BREASTFEEDING WOMAN (Up to 6 Months Postpartum)**

<b>Name</b>		<b>Birthdate</b> / /																											
<b>Address</b>		<b>Telephone Number</b>																											
<b>ANTHROPOMETRIC AND LABORATORY DATA</b> <ul style="list-style-type: none"> <li>• Height and weight measurements must be taken <math>\leq 30</math> days prior to WIC appointment.</li> <li>• At least ONE blood test of Hemoglobin, Hematocrit or Erythrocyte Protoporphyrin (EP) is needed to determine nutritional risk of all women. The blood test must be taken <math>&lt; 90</math> days prior to WIC appointment.</li> <li>• PREGNANT WOMEN need blood test which was done during pregnancy.</li> <li>• POSTPARTUM WOMEN (breastfeeding and non-breastfeeding) need blood test which was done after delivery.</li> </ul>																													
<b>Blood Test Date</b> / /	<b>Hemoglobin</b> gm/dl	<b>Hematocrit</b> %	<b>EP</b> $\mu\text{g/dl}$																										
<b>Lead (if available)</b>		<b>Other</b>																											
<b>Height</b> inches		<b>Pre-Pregnancy Weight</b> lbs.																											
<b>FIRST PRENATAL CHECK-UP</b>	# Wks. Gest. / /	Measurement Date / /	Weight lbs. / mm/Hg																										
<b>MOST RECENT CHECK-UP</b>	# Wks. Gest. / /	Measurement Date / /	Weight lbs. / mm/Hg																										
<b>MEDICAL HISTORY</b>																													
<b>Delivery Date</b> / /		<input type="checkbox"/> Estimated <input type="checkbox"/> Actual	Woman's Weight Just Prior to Delivery lbs.																										
<b># Weeks Gestation at Delivery</b>																													
<b>Date Last Pregnancy Ended</b> / /		<b>No. Previous Pregnancies</b>	<b>No. Previous Live Births</b>																										
<p>Check all of the following which apply and give a brief explanation:</p> <table style="width: 100%;"> <tr> <td style="width: 60%;"><input type="checkbox"/> Hx of low birth weight infant(s) (<math>\leq 5.5</math> lbs.)</td> <td style="width: 40%;">Explanation</td> </tr> <tr> <td><input type="checkbox"/> Hx of premature infant(s) (<math>\leq 37</math> weeks gestation)</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Hx of infant(s) <math>\geq 9</math> lbs at birth</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Hx of miscarriage(s)/stillbirth(s)/abortion(s)</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Hx of or planned C-section</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Multiple pregnancy or recent multiple birth</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Medical problems (e.g. Diabetes, Hypertension, Preeclampsia, Eclampsia)</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Disability which may compromise adequacy of diet</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Social or environmental condition which may compromise adequacy of diet</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Substance use (e.g. alcohol, drugs, cigarettes, pica)</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Vitamin/mineral supplement or medicine prescription</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Special formula prescription and medical reason for its necessity</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Other pertinent health/medical data</td> <td></td> </tr> </table>				<input type="checkbox"/> Hx of low birth weight infant(s) ( $\leq 5.5$ lbs.)	Explanation	<input type="checkbox"/> Hx of premature infant(s) ( $\leq 37$ weeks gestation)		<input type="checkbox"/> Hx of infant(s) $\geq 9$ lbs at birth		<input type="checkbox"/> Hx of miscarriage(s)/stillbirth(s)/abortion(s)		<input type="checkbox"/> Hx of or planned C-section		<input type="checkbox"/> Multiple pregnancy or recent multiple birth		<input type="checkbox"/> Medical problems (e.g. Diabetes, Hypertension, Preeclampsia, Eclampsia)		<input type="checkbox"/> Disability which may compromise adequacy of diet		<input type="checkbox"/> Social or environmental condition which may compromise adequacy of diet		<input type="checkbox"/> Substance use (e.g. alcohol, drugs, cigarettes, pica)		<input type="checkbox"/> Vitamin/mineral supplement or medicine prescription		<input type="checkbox"/> Special formula prescription and medical reason for its necessity		<input type="checkbox"/> Other pertinent health/medical data	
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