



Women, infants and children
MUST be present at every WIC
certification appointment.

Bring:

- Proof of your family's income
- Proof of where you live
- Proof of ID for every person
- Health care referral form filled out
- Immunization records of infant/child

CALL for an appointment with
WIC office checked:
(Healthcare provider:

Check WIC office for patient.)

- Burlington County
609-267-4304
- Children's Home Society of NJ
609-498-7755
- East Orange
973-395-8960 (8963)
- Gloucester County
856-218-4116
- Jersey City
201-547-6842
- Newark
973-733-7628
- North Hudson
201-866-4700
- NORWESCAP
908-454-1210
- Ocean County
732-341-9700 X 7520
- Passaic
973-365-5620
- Plainfield
908-753-3397
- Rutgers
973-972-3416
- St. Joseph
973-754-4575/4730
- TriCounty/Gateway CAP
Main Office:
856-451-5600
Atlantic Office:
609-246-7767
Camden Office:
856-225-5050
- Trinitas
908-994-5141
- VNA
732-471-9301
OR
- STATEWIDE
1-800-328-3838 (24 Hrs.)

NEW JERSEY WIC HEALTH CARE REFERRAL

FOR

INFANT (Under 1 Year)

CHILD (1 to 5 Years)

(Please attach updated Immunization Record.)

Name of Child		Birthdate of Child / /		
Name of Parent/Guardian		Telephone Number		
Address				
ANTHROPOMETRIC AND LABORATORY DATA				
Blood Test Date / / gm/dl		Hemoglobin % EP µg/dl	Screened for Lead? <input type="checkbox"/> Yes <input type="checkbox"/> No µg/dl	
Date of Ht/Wt. Measurement / / inches		Height or Length inches	Weight lbs. ozs.	
COMPLETE THIS SECTION FOR FIRST TIME WIC APPLICANTS ONLY				
Birth Weight lbs. ozs.		Birth Length inches	Premature? <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, Gestational Age at Birth: weeks
MEDICAL HISTORY				
Check all of the following which apply and give a brief explanation:			Explanation	
<input type="checkbox"/> Metabolic disorder, congenital anomalies or other medical problem <input type="checkbox"/> Hx of severe diarrhea, steatorrhea, vomiting, malabsorption (3 times during past year or 1 time in past 6 months requiring hospitalization) <input type="checkbox"/> Major surgery (within past 6 months) <input type="checkbox"/> Excessive dental carries/baby bottle tooth decay <input type="checkbox"/> Maternal prenatal conditions (e.g., prenatal anemia, multiple birth, inadequate prenatal weight gain) <input type="checkbox"/> Social or environmental condition which may compromise adequacy of diet <input type="checkbox"/> Vitamin/mineral supplement or medicine prescription <input type="checkbox"/> Other pertinent health or medical data			<hr/>	
AUTHORIZATION RELEASE				
<i>I, the undersigned, give permission to my provider to give the WIC Program any required medical information.</i>				
Signature of Parent/Guardian				
Insurance Carrier and Member ID Number				
Signature of Physician or Health Professional				Date
Name and Address of Physician or Clinic (Print or Stamp)				
Telephone Number:				



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NEW JERSEY WIC HEALTH CARE REFERRAL

FOR

PREGNANT WOMAN
 BREASTFEEDING WOMAN (Up to 1 Year Postpartum)
 NON-BREASTFEEDING WOMAN (Up to 6 Months Postpartum)

Name		Birthdate	
		/ /	
Address		Telephone Number	
ANTHROPOMETRIC AND LABORATORY DATA			
<ul style="list-style-type: none"> • Height and weight measurements must be taken \leq30 days prior to WIC appointment. • At least ONE blood test of Hemoglobin, Hematocrit or Erythrocyte Protoporphyrin (EP) is needed to determine nutritional risk of all women. The blood test must be taken $<$90 days prior to WIC appointment. • PREGNANT WOMEN need blood test which was done during pregnancy. • POSTPARTUM WOMEN (breastfeeding and non-breastfeeding) need blood test which was done after delivery. 			
Blood Test Date / /	Hemoglobin gm/dl	Hematocrit %	EP μ g/dl
Lead (if available)		Other	
Height inches		Pre-Pregnancy Weight lbs.	
FIRST PRENATAL CHECK-UP	# Wks. Gest.	Measurement Date / /	Weight lbs.
MOST RECENT CHECK-UP	# Wks. Gest.	Measurement Date / /	Blood Pressure / mm/Hg
MEDICAL HISTORY			
Delivery Date / /		Woman's Weight Just Prior to Delivery lbs.	
<input type="checkbox"/> Estimated <input type="checkbox"/> Actual		# Weeks Gestation at Delivery	
Date Last Pregnancy Ended / /		No. Previous Pregnancies	
		No. Previous Live Births	
<p>Check all of the following which apply and give a brief explanation:</p> <p style="text-align: right;">Explanation</p>			
<ul style="list-style-type: none"> <input type="checkbox"/> Hx of low birth weight infant(s) (\leq5.5 lbs.) <input type="checkbox"/> Hx of premature infant(s) (\leq37 weeks gestation) <input type="checkbox"/> Hx of infant(s) \geq9 lbs at birth <input type="checkbox"/> Hx of miscarriage(s)/stillbirth(s)/abortion(s) <input type="checkbox"/> Hx of or planned C-section <input type="checkbox"/> Multiple pregnancy or recent multiple birth <input type="checkbox"/> Medical problems (e.g. Diabetes, Hypertension, Preeclampsia, Eclampsia) <input type="checkbox"/> Disability which may compromise adequacy of diet <input type="checkbox"/> Social or environmental condition which may compromise adequacy of diet <input type="checkbox"/> Substance use (e.g. alcohol, drugs, cigarettes, pica) <input type="checkbox"/> Vitamin/mineral supplement or medicine prescription <input type="checkbox"/> Special formula prescription and medical reason for its necessity <input type="checkbox"/> Other pertinent health/medical data 			
AUTHORIZATION RELEASE			
I, the undersigned, give permission to my provider to give the WIC Program any required medical information.			
Signature of Patient Being Referred		Insurance Carrier and Member ID Number	
Signature of Physician or Health Professional		Date	
Name and Address of Physician or Clinic (Print or Stamp)			
Telephone Number:			