



Norwescap Child & Family Resource Services presents:

Helping Children Heal & Grow Through Trauma Informed Play

Join us for an engaging training designed to help you explore how trauma affects the brain and behavior, how play can serve as a powerful tool for emotional expression, healing, and regulation.

Learn how to:

- Define trauma and understand the prevalence of trauma in young children
- Recognize signs, symptoms and how trauma affects brain development, emotional regulation, and children's behavior
- Acknowledge trauma responses in children and examine the role of play in healing
- Implement play-based strategies to help those children and families' cope

August 14th

6:30 PM to 8:00 PM

LOCATION: Virtual [NJCCIS](#)

EVENT ID: 148844



NORWESCAP
Child & Family Resource Services