

Norwescap Financial Empowerment Presents:

# Eating Healthy on a Budget

**Looking for new ideas on how to eat healthy on a budget?**

Join us for a FREE in person event to learn how!

From couponing tips to helping reach your nutritional goals - Haley Bencivengo - Registered Dietitian from ShopRite, has you covered.



**JUNE**  
**24th**

**5 PM - 6 PM**

**Envision Center**  
Phillipsburg Housing Authority  
Community Building

**535 Fisher Avenue | Phillipsburg**

**Register by June 22nd**

Email [burgensone@norwescap.org](mailto:burgensone@norwescap.org) or  
Call (908) 521-4220 x3015



**NORWESCAP**  
Creating Opportunities. Changing Lives.