

Norwescap Child & Family Resource Services presents:

## Supporting Self-Help & Independence

Join us for a practical training to help you support young children as they develop essential self-help and problem-solving skills.

## Learn how to:

- Implement strategies that encourage autonomy through daily routines.
- Create environments that build independence and confidence.
- Use positive reinforcement to support decision-making and problem-solving.

Walk away with tools and ideas you can immediately apply to empower the children in your care to thrive as capable, confident individuals.

**May 22** 

6:00 PM to 7:30 PM

**LOCATION:** Virtual <u>NJCCIS</u>

**EVENT ID:** 147489

Foster independence - Build confidence!

