

VIRTUAL & IN-PERSON

Free Mental Wellness Workshops:

Educating, Engaging,
Resourceful

Supporting individuals of all ages.

Make the Right Call: 988

Explore how helpline services work through a dramatic virtual simulation. Learn the benefits and limitations of crisis call lines and what happens when you dial 988.

Facilitated By:

Mental Health Association in
New Jersey (MHANJ)



Have Questions?

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May 5

First Monday of Each Month

5:30 PM - 6:30 PM

Virtual & In-Person

350 Marshall St. | Phillipsburg



► **SCAN TO REGISTER**

or visit norwescap.org

Servicing Hunterdon, Morris, Somerset,
Sussex & Warren Counties



NORWESCAP

Creating Opportunities. Changing Lives.