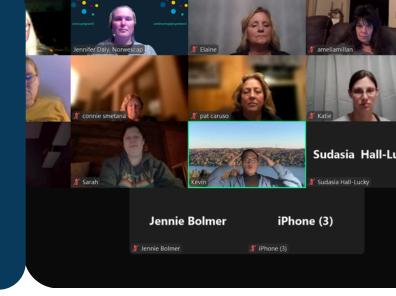
## Norwescap CFRS Shared Services Alliance

Below please find information about the shared services work in your community!

**APRIL 2025** 



This February, staff from Hunterdon, Warren, and Sussex County childcare centers participated in a virtual "retreat," hosted by the Shared Services Alliance.

The event, *Wants, Needs, and Nice-to-Haves!*, featured information about Family Medical Leave, Retire Ready NJ, as well as the Norwescap Financial Empowerment and Volunteer Income Tax Assistance (VITA) programs.

Guest speaker Lana Molina, Vice President, Community Outreach Liaison from Provident Bank, led a personal budgeting workshop, and our evening concluded with a guided meditation from Kevin Kuo, White Deer Meditation in Sparta, NJ.

## What was the outcome?

Participants indicated they will share the information/resources with family and friends. It also indicated that personal budgeting and more regular self-care practice are takeaways from the event! Additional quotes from participants below:

"It's helpful for my employer to bring this information to me!"

"I feel valued for my work ..."

"It's hard to find the right resource sometimes."

To learn more about shared services and the alliance in your county, reach out to Jennifer Daly, Shared Services Specialist!



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NORWESCAP Child & Family Resource Services